

SHINE BRIGHT LIKE A DIAMOND PART THREE

Diamond Strong: Personal Development



**Date: Tuesday, September 15th-November 3rd
5:00-7:00pm
Owen's Place**

THIS SERIES IS ALL ABOUT YOU.

What is it about others that bother you?

Did you ever stop to think that you may have a characteristic about yourself that may bother others?

Learn how to respond vs react.

Learn different techniques to manage your stress, handle conflicts and ways to forgive others.

****Participants must register****

Contact Owen's Place
(414) 977-4249

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