What is the role of the youth and family?

1. To talk about their strengths, needs & desires
2. To keep the Crisis Stabilizer and the Child & Family Team updated on any significant daily events
3. To work as a partner with the Crisis Stabilizer and the Child & Family Team
4. To learn new ways to handle and avoid a crisis
5. To share any concerns
6. To follow the Crisis Plan & Plan of Care

My Crisis Stabilizer is:
______________________________
Phone #:_______________________
Agency:_______________________
Agency Phone #:_______________

Additional Resources:
Children's Mobile Crisis Phone: (414) 257-7621
Other Support:__________________
Phone #:_______________________
Other Support:__________________
Phone #:_______________________

Visit us at:
wraparoundmke.com
What is a crisis?
A situation that results in a high level of stress or anxiety

What is Crisis Stabilization?
* Advocating
* Coaching
* Intervening
* Preventing
* Modeling
* Providing Support
* Responding

What is Crisis Supervision?
* Accountability
* Home Visits
* Monitoring
* School Visits
* Curfew Checks

What is a Crisis/Safety Plan?
A plan of action if a crisis should occur that includes:

♦ **WHEN** to help
♦ **WHO** will help
♦ **HOW** to help
♦ **WHERE** to help

What is the role of the Crisis Stabilizer?
1. To build a strong, trusting relationship with the youth & family
2. To help the family recognize unsafe and risky behaviors
3. To teach and model effective ways to respond to a crisis
4. To help de-escalate a crisis
5. To assist youth in finding lasting community supports and resources that can help during times of crisis
6. To discuss crisis situations & make suggestions for positive change, a healthy lifestyle & positive coping strategies
7. To be an active participant on the Child and Family Team
8. To assist youth in achieving their goals