Coordinated Opportunities for Recovery and Empowerment

Providing hope and support for youth and young adults to maintain connections to their family, home and community
CORE

CORE is a specially designed program to support youth and young adults who have experienced their first episode of psychosis (FEP). CORE is a voluntary, team-based process that helps identify the goals of the enrolled youth or young adult.

The CORE Team maintains a strength-based and individualized approach to service delivery/planning that is based on the youth or young adult identifying what support they need.

CORE may be an option for individuals who have some of the following symptoms: hallucinations, delusions, unusual thoughts, disorganized thinking/speech, fixed/false beliefs, and/or disruption of self-care.

Eligibility Criteria

CORE supports youth and young adults who meet the following criteria:

- Between the ages of 12-24
- Lives in Milwaukee County
- Medicaid Eligible
- Youth has experienced the onset of symptoms within the last two years
- Diagnosis of: Psychosis Not Otherwise Specified, Schizophrenia, Schizoaffective Disorder, or Schizophreniform
- Psychosis cannot be drug induced

Program Benefits

CORE offers a five person team providing a specific set of services:

Care Coordination – Partners to identify and coordinate personal, community and professional supports to meet needs, teach skills, and to “wrap” those supports around the youth and family. The youth or young adult drives the development of their CORE Team.

Therapy – Provides support and guidance, education and awareness

Supported Employment and Education Support – Provides assistance in meeting education and/or employment goals.

Peer Support – Support is provided from an individual who has lived experience and can provide some insight into healing and providing hope.

Medication Management – Provides education about the benefits and side effects of taking medication